

#### **PORTUGAL**

### **CAMINO PORTUGUES COASTAL ROUTE**

Lisbon \* Porto to Santiago de Compostela \* Barcelona

21 nights/ 22 days

Daily programme:

Day 1: Arrive Lisbon

You will be met upon arrival Lisbon and transferred to your hotel.

Hotel check in and rest of the day free to rest or explore on your own.

Overnight Lisbon

Day 2: Lisbon

Breakfast at the hotel.

Day free to explore on your own.

Overnight Lisbon

Day 3: Lisbon

Breakfast at the hotel.

Day free to explore on your own

Overnight Lisbon

Day 4: Lisbon - Porto

Breakfast at the hotel and check out.

Private transfer to the station.

Times to be advised of the transfer and the train.

Train: Lisbon - Porto

You will be met upon arrival at Porto Station and transferred to your hotel.

**Overnight Porto** 

Day 5: Porto

Breakfast at your hotel.

Rest of the day free to explore on your own.

**Overnight Porto** 

Day 6: Porto

Breakfast at the hotel.

Rest of the day free to explore on your own or last-minute preparations for the hike.

**Overnight Porto** 

Day 7: Porto - First day of walking - Porto - Matosinhos - Povoa de Varzim , 25-30km, 6-7 hours

Before leaving the city, you should visit its Cathedral, its Clérigos Tower, its Bolhão Market, and its Crystal Palace gardens. We will transfer you from Porto to Matosinhos where you will begin the stage on foot discovering places like Leça da Palmeira, Labruge, Vila do Conde and Póvoa de Varzim, your end of stage. This beautiful city has a castor: Cividade de Terrosso, origin of the current city, has more than 3,000 years of existence, you will want to visit its ruins. In Póvoa you can visit its

aqueduct, its Monumental Praça de Touros, Nossa Senhora da Conceição Fortress, but you will not stop getting lost in the streets of the historic centre and meeting the local people.

You will decide whether to walk 25 or 30 kilometres, that is, we can transfer you from Porto to Matosinhos and starting your journey in this town you will walk 30 km to Póvoa de Varzim. However, if we move you a little further from Matosinhos, approximately to Praia de Leça da Palmeira, you will walk 25 km to Póvoa de Varzim.

Overnight Povoa de Varzim

### Day 8: Stage Povoa de Varzim – Eposende, 21km – 4 -5 hours

You will start flat from the Church of San José de Ribamar in Póvoa de Varzim. You will continue along the Paseo Marítimo. After some kilometres, you will enter a wooden walkway that will take you to Aguçadoura. A little later you will cross the Litoral Norte Natural Park, where you will be able to see different habitats: pine forests, crop fields, wetlands, and the estuaries of the Cávado and Neiva rivers, where you will be able to observe diverse birds and more than 200 different species of flora. Always flat, you will cross the Parroquia de Apúlia and pass through the centre of Fão. You will cross an iron bridge over the Cávado River and enter the city of Esposende.

Overnight Eposende

#### Day 9: Stage Esposende – Viana do Castelo, 24km, 5 -6 hours

From Esposende you will continue on a flat stage, and you will leave behind the Fort and Lighthouse of Esposende, in fact, once you have passed the lighthouse you will enjoy an extensive sandbank that you can cross along the beach and on the other side you will find the town of Marinhas. You will continue along the coastal path crossing beaches and dunes. You will leave behind the Church of S. Bartolomeu do Mar. You will continue along the Belinho and Caniço Beaches until you reach the Neiva River, on the other side is the Castelo de Neiva Parish. You will move away a couple of kilometres from the coast and then go down to Playa de Amorosa. You will continue along a wooden walkway and dune paths to Rodanho Beach. You will cross the Eiffel Bridge, entering the city that has one of the most beautiful and best-preserved historic centres in Portugal: Viana do Castelo. In this beautiful city you can visit the Matriz Church, the Igreja da Nossa Senhora de Conceição, the Castelo do Minho, the Castelo de Santiago da Barra, the Cathedral of Viana do Castelo, the Temple of Santa Luzia and the Museum of Traditional Goldsmithing.

Overnight Viane do Castelo

## Day 10: Stage Viana do Castelo – Vila Praia de Ancora, 19km, 4 -5 hours

Before leaving Viana do Castelo you will have the opportunity to take the funicular up to Monte de Santa Luzia or to visit the Temple of the Sacred Heart of Jesus, from where you will get fantastic views of Viana. Always flat and close to the coast, you will cross numerous beaches on wooden walkways over dunes, well-trodden dirt paths and seafront promenades. As you go you will be able to observe the Montedor Windmills. You will leave behind the towns of Areosa, Carreço and Afife and shortly after you will reach Vila Praia de Âncora, where you can take a bath on its beach: Praia Vila Praia de Âncora.

Overnight Vila Praia de Ancora

#### Day 11: 19 Sep 23, Tue: Stage Vila Praia de Ancora – A Guarda, 19km, 4 - 5 hours

You will depart on the flat from Vila Praia de Âncora, leaving Moledo or Caminha, the last Portuguese city of this Pilgrimage, located at the mouth of the Miño River. In Caminha you can take a ferry that crosses the Miño and leaves you in the town of Camposancos. Already in Spain you will cross the Monte de Santa Tegra to follow the Camino parallel to the Coastal highway. Shortly after you will meet A Guarda. In this Villa Marinera you can visit its port, its Praza do Reló and its Church of Santa María.

Overnight A Guarda

# Day 12: Tage A Guarda - Oia, 15km, 3-4 hours

Throughout the entire stage you will leave the Atlantic Ocean on your left. It is a stage following the coastline. Step by step you will reach the historic Monastery of Santa María de Oia.

Overnight Oia

#### Day 13: Stage Oia – Baiona, 14km, 3 – 4 hours

You will leave behind the fishing village of Oia and walk close to the cliffs until you reach the Cabo Silleiro Lighthouse. You will go up to Baredo and a few kilometres later you will arrive at Monterreal Castle, now a Parador Nacional de Turismo de Baiona. Behind the Castle of Monterreal you will find Baiona, the first port in Europe who had received the news of the Discovery of America. Overnight Baiona

## Day 14:Stage Baioa - Vigo , 23km, 5-6 hours

Ría de Vigo begins in Baiona, and it is protected by the Cíes Islands, these are part of the Atlantic Islands National Park. You will walk from this wonderful place and leave behind the historic and beautiful fountain of O Pombal. You will cross two Romanesque bridges, one over the Groba River and the other in A Ramallosa. Step by step you will reach Vigo.

Overnight Vigo

## Day 15: Stage Vigo – Cesantes, 18km, 4 -5 hours

The Lagares River Walk will take you to As Travesas. You will reach the Castle of San Sebastián and descend to the O Berbés neighbourhood, located close to A Pedra, an area known for its restaurants and the tasting of Oysters from the Ría. You will leave Vigo through the Teis to Redondela. Overnight Cesantes

### Day 16: Stage Cesantes – Pontevedra, 16km, 3 -4 hours

From Cesantes you will descend to Arcade. you will cross its historic medieval bridge of Ponte Sampaio over the Verdugo River. You will ascend to Vilaboa and leave behind the Chapel of Santa Marta. Step by step you will reach the city of Pontevedra.

Overnight Pontevedra

### Day 17: Stage Pontevedra – Caldas de Reis, 21km, 4 -5 hours

After stamping your Credendial in the Sanctuary of the Virgen de la Peregrina, you will walk through the historic centre of Pontevedra until you reach the Burgo Bridge over the Lérez River. After crossing it you will border the extensive marsh of A Xunqueira de Alba and step by step you will enjoy a beautiful landscape, Bosques de Reiris and Lombo da Maceira. You will arrive at Barro; you will have an optional detour you can see the Cascada del Río Barosa. Between crop fields you will reach Caldas de Reis.

Overnight Caldas de Reis

## Day 18: Stage Caldas de Reis – Padron, 17km, 4-5 hours

You will leave the urban centre of Caldas de Reis and immediately join a beautiful path that will take you to the Church of Santa María de Carracedo. Step by step you will reach Valga. You will cross Monte Castelo, deep forests dotted by the waters of the Valga River and ancient mills. You will cross a bridge over the Fontenlo river. You will enter Pontecesures where you will cross a bridge over the Ulla River that separates the provinces of Pontevedra and A Coruña. Once on the other side of the bridge you will hit Padrón, popular because of illustrious Galician writers such as Camino José Cela or Rosalía de Castro.

**Overnight Lestrove** 

#### Day 19: Stage Padron - Santiago de Compostela, 26km, 5 -6 hours

Shortly after leaving Padrón, you will find the Santuario da Escravitude. You will go through O Faramello and reach Teo. Step by step you will reach the Alto de O Milladoiro, where the Pilgrims knelt when they saw the Cathedral of Santiago for the first time. Without even realizing it you will reach Rosalía de Castro Street, at the height of Plaza de Vigo, after a few steps you will enter the historic centre of Santiago through A Porta Faxeira, you will continue along Rúa do Franco and shortly after you will reach Plaza del Obradoiro, although the traditional entrance of the Pilgrims of the Portuguese Way is through the Praza de Praterías.

Overnight Santiago

#### Day 20: Santiago

Breakfast at the hotel. Official end of the hike.

Hotel check out

Private transfer to the airport for your flight to Barcelona.

Flight tickets Santiago de Compostela – Barcelona .

Private transfer from Barcelona Airport to your hotel.

Overnight Barcelona

## Day 21: Barcelona

Breakfast at the hotel and free day to explore this amazing city on your own.

Overnight Barcelona

# Day 22: Depart Barcelona

Breakfast at the hotel and check out.

Rest of the day free to explore on your own until you transfer to the airport for your international departure flight.

Service ends